

Department of Disease Control Weekly Disease Forecast No.149_Influenza (26 February – 4 March 2018)

According to the national disease surveillance system, The Department of Disease Control (DDC) revealed 18,915 influenza patients with 1 death during 1 January – 19 February 2018. Provinces with the highest influenza incidence rates (cases per 100,000 population) were Chiangmai, Phayao, Lamphun, Bangkok, Lampang, Suratthani, Phatthalung, Chiangrai and Uttaradit respectively.

Most of the influenza patients found were newborn to 14 years old. Influenza outbreaks were found in school, prison and military camp.



According to this week disease forecast, the occurrence of influenza is likely to continue during this influenza season from January to March. It is forecasted that there will be approximately 10,000 to 15,000 patients per month in February and March.

The Department of Disease Control advises people to protect themselves well from the disease especially those with high risk of severe influenza including pregnant women, young children, the elderly, and people with chronic diseases. These people should follow preventive measures particularly avoiding close contact with those with flu-like symptoms and crowded places.

School, work place, military camp and prison should screen people for influenza-like illness (ILI). People with flu symptoms should be absent or isolated to prevent spreading of influenza virus to others.

If medicines are taken to relieve influenza illness but symptoms do not improve within 2 - 3 days, a hospital care is needed.

For queries or additional information, please call DDC hotline 1422.

